



Dance Portfolio Viking Scholar

Performing Arts Portfolio and Interviews are closed to the public.

Requirements for the Dance Portfolio:

- Application (Submitted Online by January 14)
- Portfolio: Solo choreography, Essay (due February 28, 3:00, to the Student Center)
- Interview: Choreography performance, interview, discussion (scheduled on March 29)

PORTFOLIO

Essay: The essay should be 1 page, typed, double-spaced

Discuss your inspiration for the choreography piece you designed.

Use the following questions to guide you:

- What inspired you to choose the theme or idea you chose?
- How does the music fits correspond to your choreography? How did the piece of music you chose inspire you?
- What you are trying to express through your movement? Explain how you came up with the movement and what *Elements of Dance* were used and why.

SOLO CHOREOGRAPHY

1. Contemporary (Modern) style only.
2. Two minutes in length: Instrumental music only.
3. Must include creative movement choices that match musicality and theme. Stay away from “tricks”. Exp: Fouettes, acrobatics, leaps, etc. Your movement should be innovative. Only put in movement that creates a picture of what you want to express.
4. Incorporate the *Elements of Dance* into your piece and be prepared to discuss the ones you chose and why.
5. No props or sets should be used. Only the dancer.
6. No costumes are allowed. Please wear all black dance clothing with your hair pulled back. No socks allowed.

IMPROVISATION

After the dancer performs their solo choreography, they will then be asked to do an improvisation based on either a picture shown or from a description. The dancer can take as long as necessary to finish the movement.

INTERVIEW

Dance will interview and discuss their essay, choreography, application and improvisation with the judges.